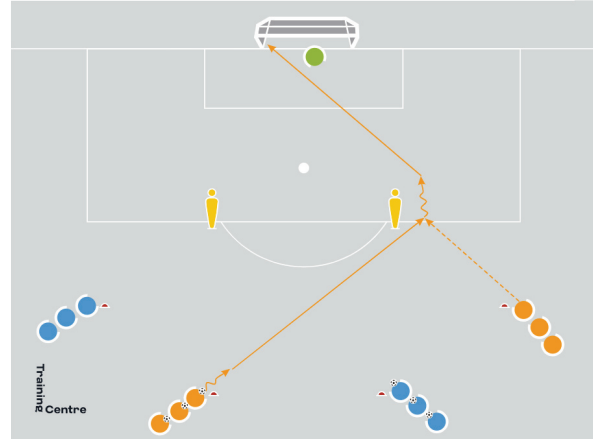
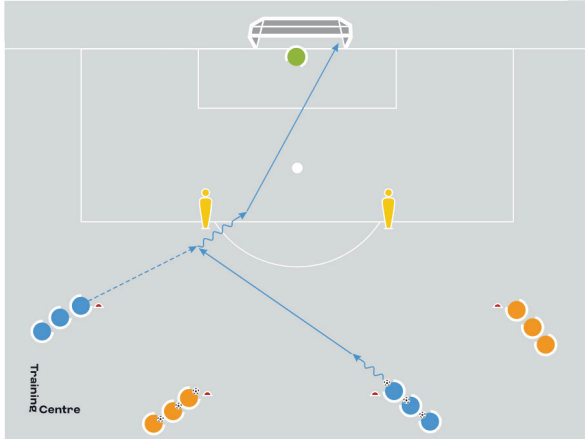


FIFA Talent Coach Programme

Finishing: Offering to receive and score



Organisation

- Use 1 half of a full-size pitch with a full-size goal and a goalkeeper.
- Position a mannequin on either side of the semi-circle on the edge of the penalty area.
- Create 4 stations: 2 “passing stations” 15m away from and facing the mannequins, and 2 “receiver stations” 10m away from the “passing stations” and closer to the goal.
- Position 3 orange players at the right-side “receiver station” and 3 orange players at the left-side “passing station”.
- Position 3 blue players at the left-side “receiver station” and 3 blue players at the right-side “passing station”.

Explanation

- The first blue player at the “passing station” moves forward slightly and passes forward into the path of the first blue player from the “receiver station”.
- The pass must be played into the receiver’s favoured foot.
- The receiver then takes a touch inside or outside the mannequin and sets themselves up for a shot on goal.
- The sequence is then replicated, with the first orange passer playing a ball into the first orange receiver from the other side.
- Rotate the players so they get to practice shooting from both sides.

Variation

- Players must shoot with the opposite foot that they took their first touch with.

Key coaching points

- Coordination between the passer and runner is crucial for the receiver to meet the ball with a good timing. Verbal and visual communication should be encouraged.
- The weight of a pass is vital. Over-hitting the pass will send the ball to the goalkeeper, while under-hit passes can be cut out by defenders or require the receiver to slow down (shown in this example), providing defenders with an opportunity to intervene.
- The weight of the pass should enable the receiver to meet the ball, without breaking their stride, ensuring their movement toward the goal is as efficient as possible. Well-weighted passes into well-timed runs enable the receiver to take a shot on goal with just two touches.

Roles of coaches

- First coach – demonstrates the sequence and explains the rules and objectives of the drill.
- Second coach – demonstrates the exercise with the first coach and then encourages the players from the right side of the drill.
- Third coach – offers encouragement and tips from the left side of the drill.