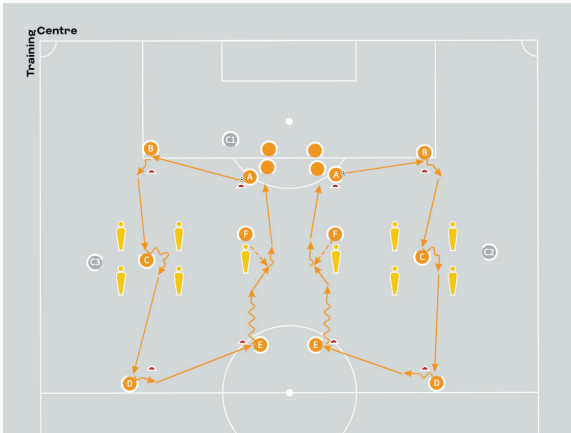
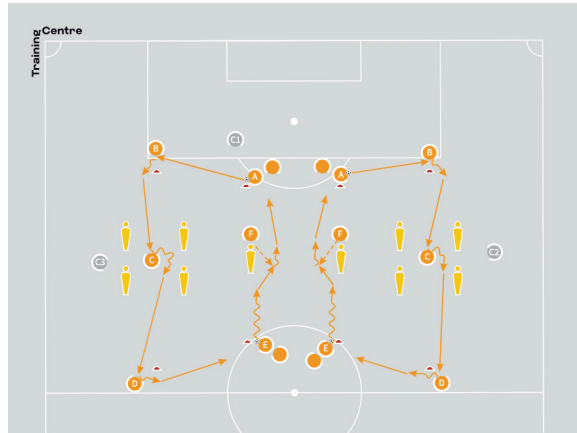


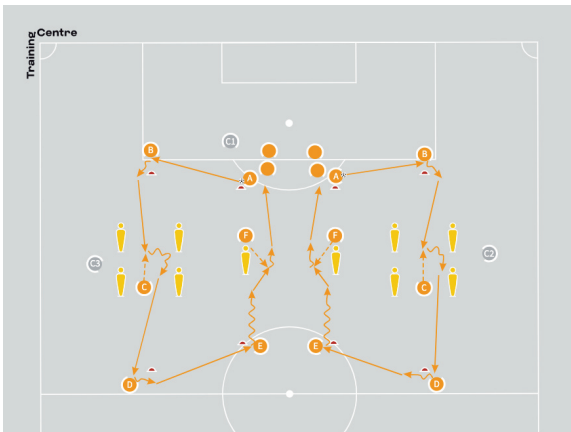
FIFA Talent Coach Programme — Receiving between the lines



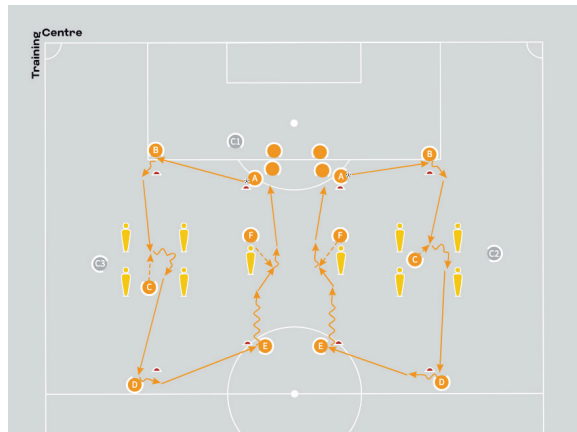
Basic sequence



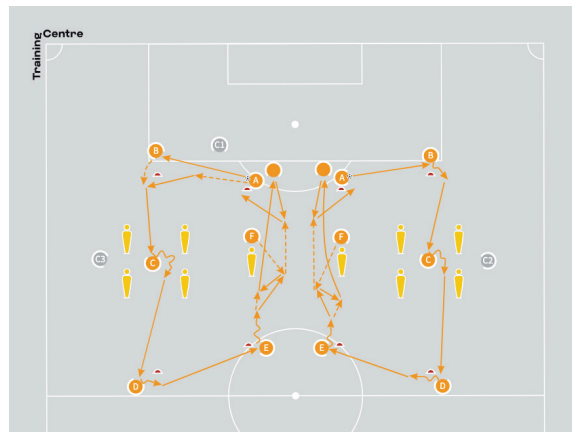
Variation 1



Variation 2



Variation 3



Variation 4

Organisation

- On one half of the pitch, create 2 circuits as shown
- Split the group equally into 2 and position a player per cone and 1 inside the area.

Explanation

- A begins the sequence by passing to B.
- B takes a touch before playing a pass to C, who occupies a starting position between and just behind the top 2 mannequins in the square formed by the 4 mannequins.
- C receives the ball side-on and passes the ball to D.
- D takes a touch and plays a pass to E, who drives towards the single mannequin, behind which F is positioned.
- F pulls wide of the mannequin to create space in which to receive the short pass from E and receives side-on before completing the sequence with a pass to A.
- All players follow their passes.

Variations

- Variation 1: the exercise is performed with 2 balls in rotation (1 sequence begins with A and the other with E).
- Variation 2: C drops in to receive the ball between the mannequins from a starting position at the far end of the square formed by the 4 mannequins.
- Variation 3: C can choose between drifting and dropping in to receive between the lines.
- Variation 4: Depending on F's movement, E either plays a one-two with F, who has made a short run in front of the mannequin, followed by an along-the-ground pass to A or a one-two followed by a lofted pass to A.

Key coaching points

- Players can drop into a position to receive in between the lines from various angles, simulating the movement of midfielders and full-backs coming inside from out wide.
- When playing out from the back, centre-backs can play disguised passes. This element of deception can help to prevent opposing players from intercepting vertical passes played into players in central areas.
- Performing a quick over-the-shoulder scan before receiving the ball enables players receiving between lines to gain a better understanding of the positions and movement of opponents and team-mates, as well as the overall picture.
- Receiving the ball on the back foot with a side-on body shape helps players to play forwards quickly.

Role of coaches

- First coach: leads the session by demonstrating the passing sequence and the movements to be performed by each player at the respective stations. The coach focuses heavily on demonstrating movements such as "drifting" and "dropping in" between the lines.
- Second coach: checks and corrects player movements in the second circuit to ensure that the players are performing the movements correctly.
- Third coach: coaches the players performing the movement from the blind side of the single mannequin (F) to ensure that the players adopt the correct body shape when receiving the ball.