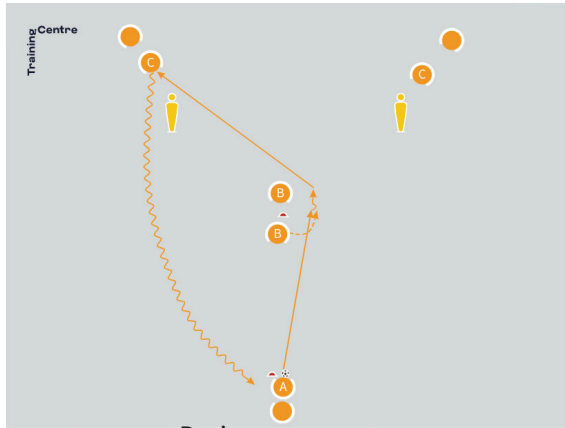
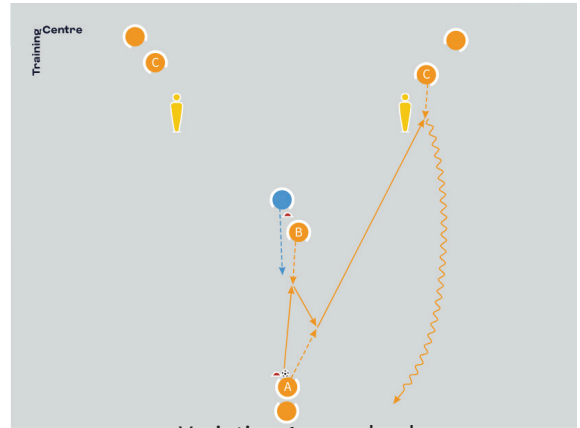


FIFA Talent Coach Programme

— Passing circuit: Midfielders receiving on the half-turn



Basic sequence



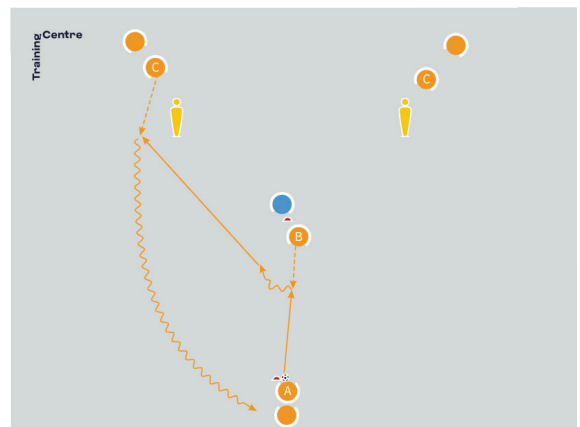
Variation 1- pass back

Organisation

- Place 2 cones 15m apart (cones occupied by A and B).
- Position 2 mannequins a further 15m away from the cone occupied by A, 1 either side of the cone occupied by B.
- Place 2 or 3 players at each mannequin and cone.

Explanation

- A plays a pass to B's back foot.
- B pulls wide of the cone to receive on the half-turn before playing a pass beyond either mannequin to C.
- Players rotate positions after performing an action: A and B follow their passes and C dribbles the ball to the cone where A started the sequence.



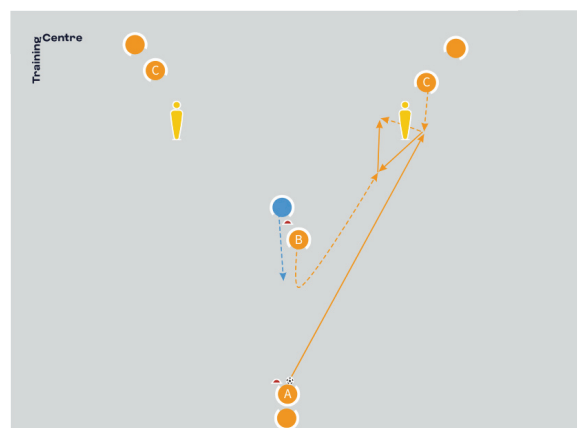
Variation 1 - turn and play

Variation 1

- B drops to receive A's pass, with the next player at the cone occupied by B shadowing B's movement.
- B must decide whether to play a return pass to A or to receive on the half-turn and play to C.
- Players who are shadowing should not shadow in every sequence, thereby forcing B to make a decision based on the level of pressure they are under.

Variation 2

- If B is tightly marked, A can play directly to C.
- In this scenario, B peels off and plays a one-two with C around the mannequin.
- Receiving players have the freedom to make their own decisions, but they must base these on the information that they gather.



Variation 2

Variation 3

- The player shadowing B tries to actively win the ball.

Key coaching points

- Players should scan before receiving to enhance their situational awareness, enabling quicker and more effective decision-making.
- Receiving players should offer for the ball at an angle to be able to receive on the back foot, facilitating playing forward more quickly.

Roles of coaches

- First coach: leads the exercise and coaches the players throughout.
- Second coach: offers the players support and encouragement.
- Third coach: observes the exercise.