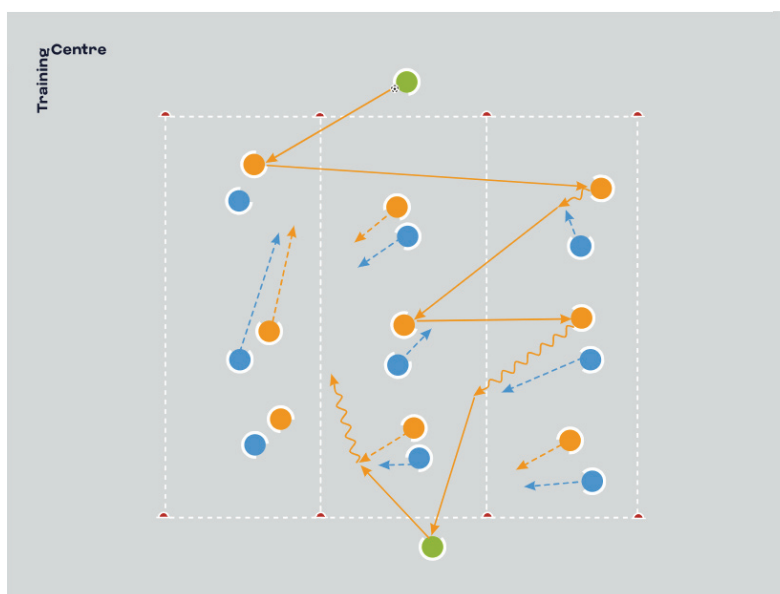


FIFA Talent Coach Programme

9v9 plus 2 possession game: Raising awareness for positioning



Organisation

- Mark out a 20m x 20m exercise area and split it into 3 equally sized zones lengthways.
- Divide the group into 2 teams of 9 (oranges and blues).
- Assign 2 goalkeepers as neutral players (greens) and place 1 at either end of the exercise area.
- Organise both teams into a 3-3-3 formation, with 1 player from each line in each channel.

Explanation

- A coach plays the ball to one of the teams.
- The in-possession team try to keep possession and transfer the ball between the neutral players.
- The out-of-possession team try to win the ball.
- If the out-of-possession team gain possession, the teams swap roles immediately.
- Players are free to move between the channels.
- If the ball goes out of play, one of the coaches feeds in a new ball.

Key coaching points

- Players should constantly pass and move, to make themselves available to the ball-carrier. Both goalkeepers, positioned at either end of the playing area, play a key role in providing support in this exercise.
- Players should avoid offering the same supporting movements, crowding the space to progress play and attracting defenders towards the ball carrier.
- Players, receiving free of any mark, must try and exploit opportunities to turn. The passer also has a role to play by communicating this info both verbally and through their pass detail.

Roles of coaches

- First coach: offers the players some tips on their positioning before the exercise starts and leads the drill.
- Second coach: coaches one of the teams during a brief team talk held to identify areas for improvement and feeds balls into the exercise area.
- Third coach: coaches the other team during a brief team talk held to identify areas for improvement and feeds balls into the exercise area.