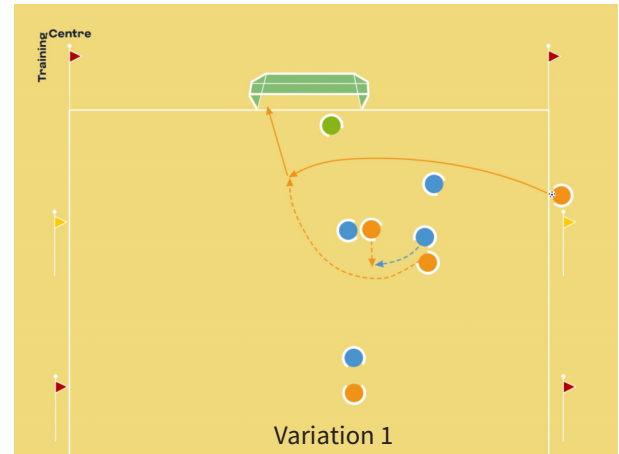
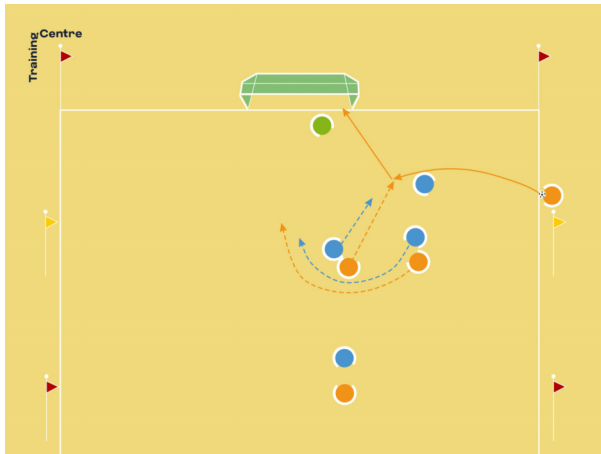


Beach soccer —●— Throw-in

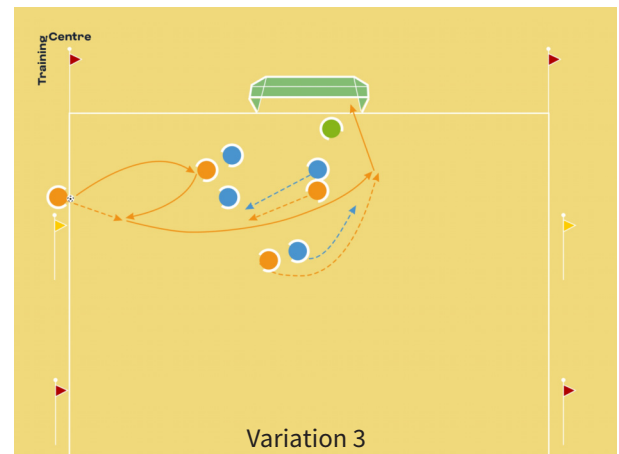
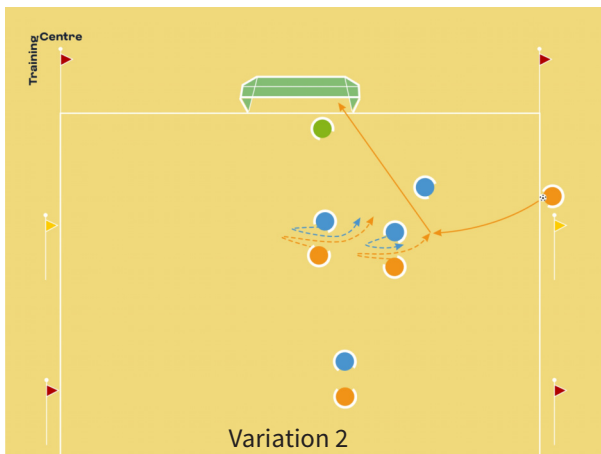


Organisation

- Set up a scenario with 4 attackers v. 4 defenders and a goalkeeper.

Explanation

- There are several possible throw-in combinations, and Schirinzi presents a number of strategies for this restart. When the ball passes over the touchline in beach soccer, play is restarted with either a kick-in or throw-in.
- The first combination culminates in a near-post finish.
- Ask the defenders to defend passively to allow the attacking players to work on the various combinations.



Variations

- V°1: Combination culminating in a far-post finish.
- V°2: Combination focused on the central attacking area. The player receiving the throw-in makes a decoy run to create space to control the ball on their chest before performing a bicycle-kick finish.
- V°3: An attacking player plays a short return pass to the thrower, who then plays a lofted ball towards the far post, where an unmarked team-mate finishes on goal. This is a three-step combination. The thrower combines with a team-mate before playing the ball to the far post. Alternatively, the thrower receives the return pass and shoots on goal.

Coaching points

- After performing each sequence several times, switch to the opposite touchline to allow the players to work on the combinations from different positions.
- Attacking players should attack the ball aggressively and at pace, while making different movements to confuse their opponents.
- Coaches should be creative and present players with various systems for this restart.