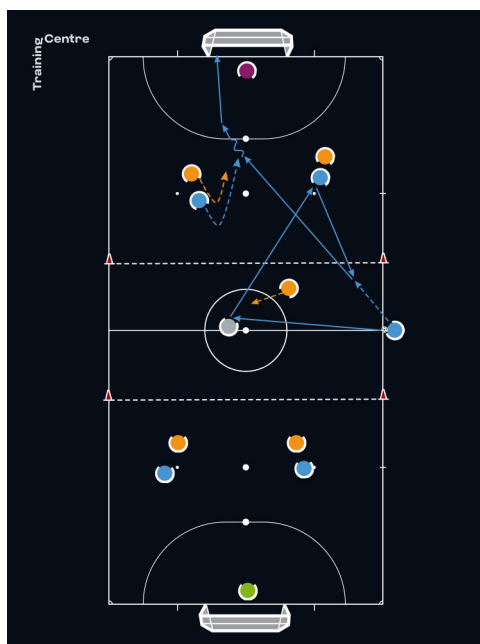


## Futsal

### —●— Passing and directional play



#### Organisation

- Use the full court.
- Divide the court into three zones, with the central zone measuring 10m in length.
- Set up a 2v2, plus goalkeepers in both end zones.
- Organise a 1v1, plus a neutral player, who plays with the in-possession team, in the central zone.

#### Explanation

- Play starts and restarts with a kick-in taken from the touchline in the central zone. Play only restarts after the ball goes out of play.
- Only the ball can move from one zone to another.
- Players must remain in their designated zones.

#### Variations

- An extra player can join the attack in the end zones to create a 3v2 scenario

#### Coaching points

- Move away from the ball carrier to avoid attracting opponents into their area of influence.
- Offer width and depth to create space for attacking actions.
- Focus on looking forward, playing forward and moving forward as much as possible to avoid wasting good attacking opportunities.
- Constantly create passing lanes and make good off-the-ball movement to enable the ball to be circulated with purpose.
- Play quick and firm passes to create gaps and displace defenders.
- Once a pass has been played, players should look to offer their team-mates passing options.
- Constantly rotating the neutral player allows for quicker transitions.